York Hospital: Introduction to Statistics for Research
Correlation and regression
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## Correlation

Example: Muscle strength and height in 42 alcoholics
A scatter diagram:


How close is the relationship?
Correlation: measures closeness to a linear relationship.

## Correlation coefficient

Subtract means from observations and multiply.


Sum of products about the means.
Like the sum of squares about the means used for measuring variability.
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## Correlation coefficient

Subtract means from observations and multiply


Products in top right and bottom left quadrants positive.

## Correlation coefficient

Subtract means from observations and multiply.

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Products in top right and bottom left quadrants positive. $\qquad$
Products in top left and bottom right quadrants negative.

## Correlation coefficient

Subtract means from observations and multiply.


Sum of products positive.
Correlation positive.
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## Correlation coefficient

Example: Muscle strength and age in 42 alcoholics


## Correlation coefficient

Example: Muscle strength and age in 42 alcoholics
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Sum of products negative. $\qquad$
Correlation negative
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## Correlation coefficient

Divide sum of products by square roots of sums of squares.
$\qquad$
Correlation coefficient, denoted by $r$.
Maximum value $=1.00$.
Minimum value $=-1.00$.
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Also known as:
> Pearson's correlation coefficient,
> product moment correlation coefficient.
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## Correlation coefficient

Divide sum of products by square roots of sums of squares.
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## Correlation coefficient

Divide sum of products by square roots of sums of squares.
$\qquad$
Correlation coefficient, denoted by $r$.
Maximum value $=1.00$.
Minimum value $=-1.00$
 $r=0.42$.

Positive correlation of fairly low strength
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## Correlation coefficient

Divide sum of products by square roots of sums of squares.
$\qquad$
Correlation coefficient, denoted by $r$. $\qquad$
Maximum value $=1.00$.
Minimum value $=-1.00$. $\qquad$

$r=-0.42$.
Negative correlation of fairly low strength.
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## Correlation coefficient

Positive when large values of one variable are associated with large values of the other.

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## Correlation coefficient

Positive when large values of one variable are associated
$\qquad$ with large values of the other.

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## Correlation coefficient

Negative when large values of one variable are associated with small values of the other.

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## Correlation coefficient

Negative when large values of one variable are associated with small values of the other.


## Correlation coefficient

$r=+1.00$ when large values of one variable are associated with large values of the other and the points lie on a straight line.

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## Correlation coefficient

$r=-1.00$ when large values of one variable are associated with small values of the other and the points lie on a straight line.

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## Correlation coefficient

$r$ will not equal -1.00 or +1.00 when there is a perfect relationship unless the points lie on a straight line.


## Correlation coefficient

$r=0.00$ when there is no linear relationship.


## Correlation coefficient

It is possible for $r$ to be equal to 0.00 when there is a
$\qquad$ relationship which is not linear.

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## Correlation coefficient

We can test the null hypothesis that the correlation
$\qquad$ coefficient in the population is zero.
Simple t test, tabulated.
Assume: one of the variables is from a Normal distribution. Large deviations from assumption $\rightarrow P$ very unreliable.
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$r=0.42, \mathrm{P}=0.006$.
Easy to do, simple tables.

Computer programs almost always print this.

## Correlation coefficient

We can find a confidence interval for the correlation $\qquad$ coefficient in the population.
Fisher's z transformation. $\qquad$
Assume: both of the variables are from a Normal distribution. Large deviations from assumption $\rightarrow \mathrm{Cl}$ very unreliable.

$r=0.42$, approximate 95\% confidence interval: 0.13 to 0.64

Tricky, approximate.
Computer programs rarely print this

## Regression analyses

> Simple linear regression
> Multiple linear regression
> Curvilinear regression
> Dichotomous predictor variables
$>$ Regression in clinical trials $\qquad$
> Dichotomous outcome variables and logistic regression $\qquad$
$>$ Interactions
> Factors with more than two levels $\qquad$

- Sample size


## Simple Linear Regression

Example: Body Mass Index (BMI) and abdominal circumference in 86 women


What is the relationship?
Regression: predict BMI from observed abdominal circumference.

## Simple Linear Regression

Example: Body Mass Index (BMI) and abdominal circumference in 86 women.

What is the relationship?
Regression: predict BMI from observed abdominal circumference.
What is the mean BMI for women with any given observed abdominal circumference?
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## Simple Linear Regression

Example: Body Mass Index (BMI) and abdominal circumference in 86 women.
What is the relationship?
$\qquad$
Regression: predict BMI from observed abdominal circumference. $\qquad$
What is the mean BMI for women with any given observed abdominal circumference? $\qquad$
BMI is the outcome, dependent, $y$, or left hand side variable.

Abdominal circumference is the predictor, explanatory, independent, $x$, or right hand side variable.

## Simple Linear Regression

Example: Body Mass Index (BMI) and abdominal circumference in 86 women.
What is the relationship?
Regression: predict BMI from observed abdominal circumference.

What is the mean BMI for women with any given observed abdominal circumference (AC)? $\qquad$
Linear relationship:
BMI $=$ intercept + slope $\times A C$
Equation of a straight line.

## Simple Linear Regression

Which straight line should we choose?

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## Simple Linear Regression

Which straight line should we choose?

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Choose the line which makes the distance from the points to the line in the $y$ direction a minimum.
Differences between the observed strength and the predicted strength.

## Simple Linear Regression

Which straight line should we choose?

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Minimise the sum of the squares of these differences.
Principle of least squares, least squares line or equation.

## Simple Linear Regression

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\mathrm{BMI}=-4.15+0.35 \times \mathrm{AC}
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We can find confidence intervals and $P$ values for the $\qquad$ coefficients subject to assumptions.
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## Simple Linear Regression

We can find confidence intervals and $P$ values for the coefficients subject to assumptions.

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Deviations from line should have a Normal distribution with uniform variance.
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## Simple Linear Regression

Can find confidence intervals and $P$ values for the coefficients subject to assumptions.


Slope $=0.35 \mathrm{Kg} / \mathrm{m}^{2} / \mathrm{cm}, 95 \% \mathrm{Cl}=0.31$ to $0.40 \mathrm{Kg} / \mathrm{m}^{2} / \mathrm{cm}$, $\mathrm{P}<0.001$ against zero.

Intercept $=-4.15 \mathrm{Kg} / \mathrm{m}^{2}, 95 \% \mathrm{CI}=-7.11$ to $-1.18 \mathrm{Kg} / \mathrm{m}^{2}$.

## Simple Linear Regression

Assumptions: deviations from line should have a Normal distribution with uniform variance.

Calculate the deviations or residuals, observed minus predicted.


## Dichotomous predictor variable

24 hour energy expenditure (MJ) in two groups of women

|  | Lean |  | Obese |  |
| ---: | ---: | ---: | ---: | ---: |
| 6.13 | 7.53 | 8.09 | 8.79 | 9.69 |
| 7.05 | 7.58 | 8.11 | 9.19 | 9.97 |
| 7.48 | 7.90 | 8.40 | 9.21 | 11.51 |
| 7.48 | 8.08 | 10.15 | 9.68 | 11.85 |
|  |  | 10.88 |  | 12.79 |

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$\qquad$
Can carry out linear regression.
Define variable: obese $=0$ if woman lean, $\qquad$ obese $=1$ if woman obese.
Regression equation:
energy $=5.83+2.23 \times$ obese
slope: $95 \% \mathrm{Cl}=1.05$ to $3.42 \mathrm{MJ}, \mathrm{P}=0.0008$.

## Regression and the two sample $t$ method

## Regression:

$$
\begin{aligned}
& \text { energy }=5.83+2.23 \times \text { obese } \\
& \text { slope: } 95 \% \mathrm{Cl}=1.05 \text { to } 3.42 \mathrm{MJ}, \mathrm{P}=0.0008 \text {. }
\end{aligned}
$$

The two methods are identical.

| Two sample t test |  |  |  | Regression | Difference (obese - lean) $10.298-8.066=2.232$. <br> Two sample t method: $\begin{aligned} & 95 \% \mathrm{Cl}=1.05 \text { to } 3.42 \mathrm{MJ}, \\ & \mathrm{P}=0.0008 \text {. } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathrm{t}=3.95{ }_{\circ}$ | ¢ |  |  |  |
|  | 8 | 㭏 |  | -8 |  |
|  | 8 | \% |  | : |  |
|  | \% | \% |  |  |  |
|  | Lean Obese |  |  | ${ }^{0}{ }_{\text {Obesity }}{ }^{1}$ |  |

## Regression and the two sample $t$ method <br> Assumptions of two sample $t$ method

1. Energy expenditure follows a Normal distribution in each population. $\qquad$
2. Variances are the same in each population.

## Assumptions of regression

1. Differences between observed and predicted energy expenditure follow a Normal distribution.
$\qquad$
2. Variances of differences are the same in whatever the value of the predictor. $\qquad$

## These are the same.

