Health Questionnaire

We are members of the health professions who are following a research course. As a research project, we are asking people to answer a few questions about their health and things which may affect it. Your answers will be completely confidential and anonymous.

irst we would	like to ask y	/ou sor	ne que	stions ab	oout ye	oursel	f.		
	•	•							
Are you Ma	ale \Box_1 or F	emale [⊐₂? (P	lease tick	k one b	oox)			
Which of these terms best describes you? (Please tick one box)									
Looking	for work	\square_4	Retire			\square_5		Student Carer	\square_3 \square_6
Are you: (Please tick c	ne box))						
	•	\square_4		Widowe	d	\square_5	C	·	□ ₃
Would you c Y	onsider yours ′es □₁	self to h No \square_2	ave a d	isability?					
					oout h	ow yol	u live.		
Non-smo	oker □₁	Currer	nt smok	er \square_2		Ex sm	oker D		
Do you live v Y	vith a smokei ∕es □₁	? (Pl€ No □₂	ease tic	k one box					
How many u (One unit of a	nits of alcoho alcohol is half a	ol do you a pint of	u usuall beer, a s	y drink in small glass	s of win	e, or a			rits.)
How often do Never Once a v	o you exercis week	e so as	to get o	out of brea Less tha Twice or	ath or s in once three	sweat? e a wee times	P (Plea ek a week	ase tick one bo \Box_2 \Box_4	x)
Less tha Betweer	n 15 minutes 31 and 60 n	ninutes	\square_1	Betweer	n 15 ar	nd 30 n	ninutes		
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(Ple Yes □₁ No □₂ How many units of alcohol do you (One unit of alcohol is half a pint of How often do you exercise so as Never Once a week Four or five times a week Four or five times a week Four or five times a week . If you do take exercise, do you u Less than 15 minutes	How old are you? years Are you Male □1 or Female □2? (P Which of these terms best describes you Working full time □1 Workin Looking for work □4 Retired Homemaker □7 Other Are you: (Please tick one box) Single □1 Divorced/separated □4 Would you consider yourself to have a d Yes □1 Yes □1 No □2 ext we would like to ask you some que Which of these terms best describes you Non-smoker □1 Current smoke Do you live with a smoker? (Please tick one lock) Yes □1 No □2 How many units of alcohol do you usuall (One unit of alcohol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set of a lochol is half a pint of beer, a set o	How old are you? years Are you Male □₁ or Female □₂? (Please tick Which of these terms best describes you? 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(Please tick one box) Yes □₁ No □₂ How many units of alcohol do you usually drink in a weet (One unit of alcohol is half a pint of beer, a small glass of win How often do you exercise so as to get out of breath or an once Once a week □₃ Never □₁ Less than once Once a week Four or five times a week □₃ Twice or three Four or five times a week If you do take exercise, do you usually do this for (Please than 15 minutes □₁ Between 1	How old are you? years Are you Male □_1 or Female □_2? (Please tick one box) Which of these terms best describes you? (Please tick one box) Working full time _1 Working part time _2 Looking for work _4 Retired _5 Homemaker □7 Other _8 Are you: (Please tick one box)	Are you Male □₁ or Female □₂? (Please tick one box) Which of these terms best describes you? (Please tick one box) Working full time □₁ Working part time □₂ Looking for work □₄ Retired □₅ Homemaker □ァ Other □₅ Are you: (Please tick one box) Single □₁ Married □₂ Living Divorced/separated □₄ Widowed □₅ □ □ Would you consider yourself to have a disability? (Please tick one box) Yes □₁ No □₂ Which of these terms best describes you? (Please tick one box) Non-smoker □ Non-smoker □₁ Current smoker □₂ Ex smoker □ Do you live with a smoker? (Please tick one box) Yes □₁ No □₂ □ How many units of alcohol do you usually drink in a week? (One unit of alcohol is half a pint of beer, a small glass of wine, or a standard How often do you exercise so as to get out of breath or sweat? (Please Neek □₁ Less than once a week Nore a week □₃ Twice or three times a week □ Twice or three times a week □	How old are you? years Are you Male □, or Female □,? (Please tick one box) Which of these terms best describes you? (Please tick one box) Working full time _1 Working part time _2 Student Looking for work _4 Retired _5 Carer Homemaker _7 Other _8 Carer Are you: (Please tick one box) Single _1 Married _2 Living with a partner Divorced/separated _4 Widowed _5 Would you consider yourself to have a disability? (Please tick one box) Yes We would like to ask you some questions about how you live. Which of these terms best describes you? (Please tick one box) Non-smoker _3 Non-smoker _1 Current smoker _2 Ex smoker _3 Do you live with a smoker? (Please tick one box) Yes □_1 No □_2 No

11.	Would you rate your health as: (Please						one box.)				
				_		-	Excellent				
12.		uld rate	your g	eneral he	ealth? L	lse a s	cale 0 to 10				
	0 √ery poor health		2	-	4				-		10 Excellent health
13.	What is y	/our hei	ight?	OR		feet ai c	nd in entimetres.	ches			
	What is y						es and				
				OR			pounds				
				OR			kilogramm				
15.							one box.)				
						-	\square_2				
							u visited a				
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	Have you following			•			ealth worke	er tha	t you l	have ar	ny of the
	Asthn	na		\square_1			Cancer			\square_2	
	Depre	ession		\square_3			Diabetes			\square_4	
	Heart	Diseas	е	\square_5			Hepatitis			\square_6	
	-	blood p					Kidney di			\square_8	
	How hap (Please n	oy are y nark on	ou? the lin	e the poi	nt which	best r	epresents y	/our h	nappin	ess.)	
	How well (Please n very bac	•	•	•	•	•	epresents ł	י wor	vell yo	u cope.	.)

Thank you very much for your help. Now put the questionnaire in the envelope and seal it.